

# THE ART MINISTRY

## Creating Community

Learn  
creative  
skills

Have a  
cuppa and  
a biscuit

Chill out

Boost your  
self confidence



Painting by a member of our group

Raise your  
self esteem

Exhibit your  
work

Make new  
friends

Mix with  
your community

### **Weekly art and craft session for people with mental health issues**

The Art Ministry is a long established Hadleigh based charity.

For £4.50 a week you can join our 2 hour art and craft session.

Express your creativity in a caring environment.

All materials and refreshments are provided - there's even an annual exhibition  
and the first session is free.

Email: [contact@theartministry.org.uk](mailto:contact@theartministry.org.uk) or call 07582 025163

The Art Ministry, 1 Church Road, Hadleigh, Essex, SS7 2DQ

Registered Charity Number: 1108227