

THE ART MINISTRY

Caring through creativity

Learn
creative
skills

Make new
friends

Exhibit your
work

Boost your
self
confidence



Raise your
self esteem

Chill out

Have a
cuppa and
a biscuit

Mix with
your
community

Weekly arts and crafts club for young people and adults with mental health problems

Meets in Hadleigh every Wednesday afternoon from 2pm to 4pm

For £3.50 a week you can join our 2 hour arts & crafts club.
Express your creativity in a caring environment. All materials
and refreshments are provided - there's even an annual exhibition.

The first session is free.

Email **info@theartministry.org.uk** or call **07582 025163**

The Art Ministry, 1 Church Road, Hadleigh, Essex, SS7 2DQ
Registered Charity Number: 1108227

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Painting by a member of our group

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